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THE CLAIMS

I claim:

10 1. An exercise device for strengthening and enlarging the penis, the device comprising:

(a) spring comprising a first lever arm, a second lever arm, and a central spring section therebetween, each lever arm having one free end including retaining means;

15 (b) means for selectable securing a weight to said central section of said spring;

(c) a first flexible elongate pad having a width and length proportioned for engagement about said penis;

20 (d) a first cord having opposing ends depending from respective opposite ends of said pad, said cord passing through said retaining means of said first lever arm;

(e) a second flexible elongate pad having a width and length proportioned for engagement about said penis; and

25 (f) a second cord having opposing ends depending from respective opposite ends of said second pad, said cord passing through said retaining means of said second lever arm.

2. The device as recited in Claim 1, in which said spring comprises a helical torsion spring.

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3. The device as recited in Claim 1, in which said spring comprises a helical extension spring.

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4. The device as recited in Claim 3, in which said helical spring comprises a wire spring.

5. The device as recited in Claim 3, in which a length of each of said lever arms comprises a range of about 5 to about 8 centimeters.

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6. The device as recited in Claim 5, in which a length of each of said flexible pads is in a range of about 8 to about 15 centimeters.

7. The device as recited in Claim 6, in which a width of each of said pads is in a range of about 2 to about 4 centimeters.

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8. The device as recited in Claim 6, in which a length of each of said cords comprises a range of about 30 to about 50 centimeters.

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9. The device as recited in Claim 5, in which each of said retaining means of said lever arms comprises a loop.

10. The device as recited in Claim 5, in which said selectable weight comprises a weight in a range of about 15 to about 500 grams.

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11. The meeting as recited in Claim 3, in which an obtuse angle is defined by an angle formed by an intersection of axes defined by said respective lever arms.

- 5 12. The device as recited in Claim 1, in which said spring comprises a torsion bar
spring.

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